

NEW YORK THEOLOGICAL SEMINARY

...continuing *The Biblical Seminary in New York*

Course List: August 2022

MRL2275: The Self-Care Imperative of Prophetic Leadership in the Digital Age. (3 Credits)
Dr. Humberto Alfaro halfaro@nyts.edu

August 8, 9, 10, 11, 12, 15, 16 (6pm - 9:30pm) & Zoom Self-Care Retreat: August 13 (9am - 6pm).

Self-care matters for prophetic leadership! This ***INTENSIVE*** course will explore the theology of self-care as a practice that will help you limit the stresses and strains you are bound to encounter in your leadership and cope with those that arise. Also, this course will feature a one-day **Zoom self-care retreat** (August 13; 9 am - 6 pm).

WHAT YOU'LL LEARN:

- Develop critical theological analysis of self-care and prophetic leadership
- Fluency in the language of the theology of self-care
- Apply the theology of self-care to your life and leadership
- Identify and manage stress and avoid burnout or interpersonal difficulties
- Awareness of your vulnerabilities, such as compassion fatigue
- Increase balance and well-being in your life
- Honor physical, intellectual, emotional, social, financial, and spiritual needs.
- **Self-Care Retreat.**

Each life is unique and has its unique demands. Consequently, the central goal of the **final paper** for every student is **to create a self-care plan.**

HTU2063: History of the African American Church; 3 Cr. (Elective)

Prof: Jermaine Marshall jmarshall@mail.nyts.edu

Dates: August 2, 4, 9, 11, 16, 18, 23, 25, 30 (Tuesday/Thursday 6:00pm- 9:30pm)

Saturday, August 20 (8:30am-4:30pm) and Saturday, August 27 (8:30am- 12:30pm)

This course provides a critical analysis into the origins, development, and growth of African American Christianity. The course will focus on the trajectory of African American Christianity from the traditional indigenous spirituality of Africa to the religious experiences of African Americans in the African Diaspora. While the course will focus on African American Christianity in the United States the course will also highlight the syncretism of other religious traditions in other parts of the African Diaspora such as Brazil and the Caribbean.

The course will interpret the history of the African American Church through an examination of slave religion, development of the independent Black Church movement with special emphasis on the seven historically Black denominations (African Methodist Episcopal, African Methodist Episcopal Zion, Christian Methodist Episcopal, National Baptist Convention USA, Incorporated; National Baptist Convention of America, Unincorporated; Progressive National Baptist, Church of God in Christ), the Great Migrations, the Civil Rights and Black Power movements, the development of Black and Womanist theologies.